

Over St. John's CE Primary School

'Let your light shine before others.' Matthew 5:16

PSHCE including RSE Subject Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Hatchmere	Autumn 1 Feelings and Emotions Understanding emotions. Develop strategies to manage feelings. Understand that it is ok to ask for help. (Individual Liberty Mutual Respect)	Autumn 2 Keeping/Staying Safe Identifying risks to keep ourselves and others safe. Understand that rules help to keep ourselves and others safe. (Rule of law)	Spring 1 Relationships Managing friendships and social interactions. Being aware of our won neds and having empathy for and understanding others. (Individual Liberty Mutual Respect Tolerance of those of different faiths and beliefs)	Spring 2 Being Responsible Understand that sometimes we must do things we don't like doing. Developing a sense of responsibility. (Mutual Respect Tolerance of those of different faiths and beliefs)	Summer 1 Keeping/Staying Healthy Develop an understanding of making healthy choices for example – allergies, diet, sleep, screentime, germs, oral health (Rule of law)	Summer 2 Our World Understand similarities and differences. Identify people who help us in our local community. Respecting the local environment. (Mutual Respect Tolerance of those of different faiths and beliefs) Computer and Online Safety Understanding the risks and how to stay safe
Hattimere	Change and Transitions Managing new experience Taking on new challenges Building confidence manage Anti Bullying Week with confidence manages friendships. Kind words/kind	ging changes at home.	and 'thank you' shows tha Other examples - holding	ntal British Values and Values hand and song. actising courtesy and how ers. saying a simple 'please' t you value someone.	• Enterprise week • Economic wellbeit Role play- shops and café Learn to use money in diff different things. Visit a sho Choose and use 1p and 2p Saving and looking after m Choosing a safe place to ke Understand money has va care of and describe the w	when using technology. ng erent places and for op. coins. noney eep my money. lue and needs to be taken

					https://www.young-enterprise.ocontent/uploads/2018/11/WMM 20Primary20Assessment20ideas	120Learning20About20Money20-
	Autumn 1 Keeping/Staying Safe Assessment Baseline	Autumn 2 Keeping/Staying Healthy Assessment	Spring 1 Relationships Assessment Baseline	Spring 2 Being Responsible Water Spillage	Summer 1 Feelings and Emotions Assessment Baseline	Summer 2 Our World
Sandymere	What do I need to keep safe from? What may put me or others at risk? Road Safety Understand road safety Develop road sense Explore real life scenario (Democracy Rule of Law Individual Liberty)	Baseline What does a healthy person look like? What do we do as a class to keep healthy? (Individual Liberty) Washing Hands Germs and how they may spread How to prevent spread (Democracy Individual Liberty)	Types of relationship Relationship Web (Individual Liberty) Friendship Recognise and name a range of feelings Caring about others How to be a good friend (Mutual Respect Tolerance of those of different faiths and beliefs) Being Responsible Assessment Baseline What are you responsible for? How do responsibilities grow as you grow?	Importance of preventing accidents Recognise responsible and irresponsible actions (Democracy Rule of Law Mutual Respect) Hazard Watch Assessment Baseline Is it safe to eat or drink? This module allows students to identify what items may be safe or unsafe to eat or drink.	Understanding a range of emotions and how they make us feel physically and mentally (Individual Liberty) Jealousy Be able to recognise and name emotions and their physical effects. (Democracy Mutual Respect) Fire Safety Hoax Calling Hoax Calling looks at the risks of making a hoax call to the emergency services and how our actions can affect others. Petty Arson Petty Arson looks at the dangers of playing with lighters and the risk of causing fires (Democracy Mutual Respect)	Growing in Our World The human cycle and how our families are special and unique. (Mutual Respect Tolerance of those of different faiths and beliefs) Living in Our World How humans can help take care of living things both inside and outside of the home (Mutual Respect)

<u>Anti Bullying Week</u> with class focus – *The negative* and positive effects of online gaming.

Computer Safety

Assessment Baseline

Awareness of current games and apps used. Awareness of computer safety rules.

Online Bullying

Understand how online activity can affect others Be able to recognise negative aspects of using technology

(Democracy Individual Liberty Mutual Respect)

British Values – to recap the names and meanings of the fundamental British Values making some links to everyday life using the OSJ British Values hand and song.

Spotlight on **RESPECT** - children to see that we can show respect by following the rules when taking part in sports or games at school. Children usually have a strong sense of what is 'fair' so they eagerly engage with questions like "What would it be like to play a game with your friends if no-one followed the rules?" Allowing children to play a game in the lesson with and without rules gave them a deeper and more experiential understanding of the consequences e.g. "I enjoyed the games much more when we all played fair!"

Money and Enterprise

- Enterprise week
- Economic wellbeing
- My Money

Role play- shops and café

Learn to use money in different places and for different things. Children who are shopkeepers will: Tell the customer the price of items/services for sale Use the cash register to store customers' money Write out a receipt and explain what it is for. Know the value of notes and coins.

Children who are customers will: Know they have to pay for items they want to buy Choose the correct coins when paying for an item and give them to the shopkeeper.

Visit a shop for real life experience.

Saving and keeping money safe by using Percy the Penguin (Young Enterprise Unit) https://www.young-

enterprise.org.uk/wp-

content/uploads/2018/11/WMM20Learning20About20Money20-20Primary20Assessment20ideas.pdf

Know the consequences of losing money, e.g. Percy won't have any to spend, he will feel upset. Name a money box as a safe place for keeping money and say why.

							say wiiy.		
	<u>Autumn 1</u>	<u>Autumn 2</u>		Spring 1		<u>Spring</u>	2	Summer 1	Summer 2
	Keeping/Staying Safe	Healthy Eating	Re	elationships	Being Respo	onsible <u></u>	Feelings	and Emotion	Money Matters
	Tying Shoelaces	Foods for health and	Bu	ıllying	Practice Ma	kes Perfect	Worry		Assessment Baseline
	Developing	growth	Ве	able to see and	Be able to n	ame ways	Learn a	range of skills for	What is money? Why do
	understanding of safe	Healthy and unhealthy	un	derstand bullying	you can imp	rove in an	coping v	vith unpleasant /	we need money? How
	and unsafe scenarios.	food choices	be	haviours Know how to	activity or sp	oort	uncomfo	ortable emotions	can we use money? How
	(Democracy	(Democracy	со	pe with bullying	Be able to s	ee the	(Demod	cracy	can we get money?
	Rule of Law	Individual Liberty)	be	haviours.	benefits of p	oractising an	Individu	ual Liberty)	
Delamere	Individual Liberty)	•	(D	emocracy	activity or sp	oort		•	Money Matters
			In	dividual Liberty	(Democrac	cy	Anger		Assessment Summative
		Hazard Watch	M	utual Respect	Individual	Liberty	Be able	to recognise and	Understand different
	Keeping/Staying	Is it safe to play with?		olerance of those of	Mutual Re	spect)		notions and their	ways we can receive
	Healthy	This module allows		fferent faiths and		. ,	physical	effects	money Know how to
	Brushing Teeth	students to identify	_	eliefs)	Helping Son	neone in	(Demod	cracy Mutual	keep money safe
		what items may be safe	De	ileis)	Need		Respec	•	
		or unsafe to play with.						-1	

	Understand how and why to brush your teeth Know the differences between healthy and unhealthy choices (Democracy Individual Liberty)		Body Language Understand that feelings can be shown without words Understand why it is important to care about other people's feelings (Democracy Individual Liberty)	Know how you can help other people Understand the risks of talking to people you don't know very well in the community (Democracy Mutual Respect)	Our World Working in Our World A look at why humans need money and the ways in which money can be used and received. (Individual Liberty)	Understand the importance of saving money.
	Anti Bullying Week with class focus – the impacts of sharing images Computer Safety Image Sharing Understand how your online actions can affect others Know the risks of sharing images without permission. (Democracy Rule of Law Mutual Respect)		British Values — to recall the names and meanings of the fundamental British Values with links to everyday life using the OSJ British Values hand and song. Spotlight on TOLERANCE — Connections with how respect helps us to celebrate our diversity and show tolerance and understanding of other people's ideas, faiths and beliefs. Appreciating that other people have their own ideas, thoughts and ways of doing things is showing them respect. practical examples that highlight the diversity in their own class. Asking the children, "When we do things together, do we all think the same? How can we show respect when we play or work together?" — we can learn so much by listening to and respecting each other's ideas and beliefs.		Money and Enterprise • Enterprise week • Economic wellbeing • My Money Role Play Choose the correct coins to buy the item, i.e. exact amount. Choose coins to overpay for the item. Work out change (higher-ability). Use these skills for manning enterprise stall. Saving and keeping money safe Knowing and choosing different places to keep money safe and explain why. Begin to understand the consequences of losing money or having it stolen and how it might make them feel. https://www.young-enterprise.org.uk/wp-content/uploads/2018/11/WMM/20Learning20About20Money20-	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Keeping/Staying Safe	Keeping/Staying	Relationships	Being Responsible	Feelings and Emotions	Fire Safety
Oakmere Year 3	Staying Safe Who keeps us safe? Staying safe video — should James go with someone he does not know How to keep self- safe in range of scenarios	Healthy Medicine Know, understand and be able to practise simple safety rules about medicine. Know who we can accept medicine from	Touch Understand the difference between appropriate and inappropriate touch Understand personal boundaries	Stealing Be able to describe how you might feel if something is borrowed and not returned Know why it is wrong to steal. (Democracy Rule of Law Mutual Respect)	Grief Be able to recognise and name emotions and their physical effects of grief Learn a range of coping skills (Democracy)	A stand-alone unit looking at the work of the fire service in the community Who can help keep us safe? When and why should we call 999? Know what a hoax call is

(Democracy Rule of Law Individual Liberty)

Leaning Out of Windows

Understanding of hazards in the home and outside How to react to hazards Understanding of warning signs (Democracy Individual Liberty)

Assessment Summative

Consideration of combined elements of 3-year study. What is safe?

http://www.safetycentre.co.uk/

(Democracy)

Assessment Summative Consideration of combined elements of 3year study. What is healthy and unhealthy? (Individual Liberty)

(Rule of Law Individual Liberty Mutual Respect)

Assessment Summative

Consideration of

combined elements of 3-year study.
How can we talk about things worrying us? Who can we talk to?
https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/

Assessment Summative

Consideration of combined elements of 3-year study.
Consequences quiz (Rule of Law Individual Liberty)

Our World Looking After Our World

A look at the ways in which we can help look after and protect our planet.

(Mutual Respect)

Assessment Summative

Consideration of combined elements of 3 year study. What feelings do you know? How can you manage these feelings? How can you recognise them? English reading: It's Ok That You're Not Ok: Meeting Grief and Loss in a Culture That Doesn't Understand by Megan Devine

Petty Arson –
understand the danger
of fire Texting while
driving – how can drivers
be distracted
Understand safe and
unsafe choices
(Democracy
Individual Liberty)

<u>Anti Bullying Week</u> with class focus – Stay safe and keep safe online. Reporting negative online content

Computer Safety

(Rule of Law)

Making Friends Online

Be able to identify possible dangers and consequences of talking to strangers online Know how to keep safe in online chatrooms.

(Democracy Rule of Law)

Computer Safety Documentary

A range of activities designed to support computer safety designed and created by the class. Golden rules, computer safety workbook, computer safety documentary

Consideration of combined elements of 3-year study. Computer safety

British Values – to recall the names and meanings of the fundamental British Values with a wider, more varied set of links to everyday life using the OSJ British Values hand and song.

Spotlight on **RULE OF LAW** – A look at the social rules we have at home, at school and in our community and country with discussions with the children about respecting each other and the places we live in, as well as the rules we may have at home and the consequences when those rules are not followed. Talk about the rules we have to follow in school and in our community, and how there are more formal consequences if we decide to break those rules. Imagine what things would be like if we didn't have rules, e.g.:

How would not having any rules make people feel? What would the school environment be like?

Money and Enterprise

- Enterprise week
- Economic wellbeing
- My Money

Saving and keeping money safe

Place the images in order of most to least safe – safest places are likely to be in the bank or safe; least safe are likely to be in a hand, or under the bed. Explain their reasons, verbally or in writing, about why a particular place is the safest/least safe, using the word 'because'.

How to 'get' money.

'I know we get money in different ways, e.g. earn, win, borrow, find, pocket money'.

			What about if we didn't hat what would our society be identify additional virtues rules at school, such as he responsibility, integrity an	that help us to respect the lpfulness, caring,	Scenarios of ways of getting money. Begin to move towards fund raising and charitable acts. Choose one charity to explore.		
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Oakmere/Linmere Year 4	Keeping/Staying Safe Assessment Baseline What do we need to keep safe from? How do we keep safe? (Individual Liberty) Cycle Safety Be able to identify strategies to keep ourselves and others safe. Be able to identify a risky choice (Democracy Rule of Law Individual Liberty) Keeping/Staying Healthy Assessment Baseline What is a healthy lifestyle choice? Do you make healthy lifestyle choices?	Keeping/Staying Healthy Healthy Living Know and understand that too much sugar, salt, and saturated fat in our food and drink can affect us now and when we are old. (Democracy Individual Liberty) First Aid Baseline Assessment What Is First Aid? Asthma and Anaphylactic Shock Breathing difficulties and how we can support a casualty struggling with asthma, anaphylaxis, and choking. (Democracy)	Assessment Baseline Do we all grow and change in the same way? Do we all grow and change at the same rate? Complete baseline activity Appropriate Touch / Relationships Know that relationships change as we grow. Be able to identify how relationships can be healthy and unhealthy. Learn strategies for asking for help if needed (Rule of Law Individual Liberty Mutual Respect)	Being Responsible Assessment Baseline How can we be responsible at home, at school, in the community? How can children and young people be irresponsible? (Rule of Law Mutual Respect) Coming Home on Time Understand the importance of being responsible in a range of situations. Be able to discuss a range of situations when being on time is important. (Democracy Rule of Law Mutual Respect)	The Working World Assessment Baseline Where does the money come from to pay for all of the services that keep us healthy, safe and educated? What is Tax? What is VAT? (Rule of Law) Chores at Home Know and understand who pays for their services that keep us healthy and safe. Be able to identify ways in which we can help those who look after us. Be able to identify who covers the cost of our education. (Democracy Individual Liberty Mutual Respect) A World Without Judgement Assessment Baseline What does a World without judgement look like? Do we really understand the word judgement?	A World Without Judgement Breaking Down Barriers How can we focus on positive attributes in others? Know and understand that being different is okay. Know and understand how our judgements and opinion can affect others. (Individual Liberty Mutual Respect) Feelings and Emotions Anger Recognise that everyone experiences emotions and that these can have physical effects on our body, both pleasant and unpleasant Explain how feelings can be communicated with or without words Recognise that we can choose how we act on our emotions and that our choices and actions can affect ourselves and other people Demonstrate a range of strategies to help	

					How does it feel when we are judged? (Democracy Individual Liberty Mutual Respect Tolerance of those of different faiths and beliefs)	control and manage unpleasant/uncomforta ble emotions, such as anger (Individual Liberty Mutual Respect)
	Anti Bullying Week with c	lass focus – Cyberbullying	British Values – to recall the	ne names and meanings of	Money and Enterprise	
	Computer Safety Assessment Baseline What are the positive and negatives of using computers and being online? Share with the class and consider what we have already learnt about this topic in earlier years. Online Bullying Be able to identify cyberbullying and its consequences. Be able to develop coping strategies to use if we or someone we know is being bullied online. Know how to ask for help.		British Values – to recall the names and meanings of the fundamental British Values with a wider, more varied set of links to everyday life using the OSJ British Values hand. Spotlight on INDIVIDUAL LIBERTY Focus on the freedom we have to make choices in our society. What things can you choose to do at home? "I can have a snack I if I am hungry and choose which toys to play with." What choices can you make at school? "I can choose which book to read in the library and which school dinner to have." Think about the choices we make outside school and how we can make responsible choices. We have freedom to make our own choices but sometimes these choices have consequences and affect other people and our community. For example, if you see a friend drop litter, do you choose to ignore it or make a point by picking it up and putting it in the bin? Do you say something to that friend? What is the responsible choice to make?		 Enterprise week Economic wellbeing My Money Keeping track of money Keep simple financial records using their account book children will: Record money paid into their account in the 'deposit' column. Record money paid out in the 'withdraw' column. Keep a running total in the 'total' column. Use the £ and p symbols correctly. 	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Linmere/Blakemere Y5	Keeping/Staying Safe Peer Pressure Understand potential outcomes of taking risks. What is peer pressure and why do we give in to it?	Keeping/Staying Healthy Smoking Inc. Adults views/Children's views Understand that cigarettes contain nicotine, which is a drug,	Puberty inc Adults views Children's views Understand what puberty means. Know	Being Responsible Looking out for others inc Adults views Children's views	The Working World Enterprise with Adults views Children's views Understand the basics of saving money, be able to identify how you can help at home	A World Without Judgement Inclusion and acceptance with Adults views Children's views What makes us different and unique? What

(Democracy Rule of Law Individual Liberty Mutual Respect)

Adults views /Children's views

Explore a range of scenarios featuring adult and children's views in order to develop strategies to cope with peer pressure.

(Democracy

Rule of Law

Individual Liberty)

and that there are risks (physical, social and legal) related to smoking. Know and understand how smoking can affect your future health and wellbeing. How to manage pressures of smoking.

(Democracy Rule of Law Individual Liberty)

First Aid
Basic Life Support
basic life support
techniques, such as
the recovery position,
CPR, and DRs ABC.
(Democracy)

and understand the changes that boys and girls may go through during puberty

Understand why bodies go through puberty

Be able to develop coping strategies to help with the different stages of puberty

(Rule of Law Individual Liberty)

READ THIS PRIOR TO TEACHING https://schools.1decisio n.co.uk/images/How-It-Works/ensuring-aninclusive-pubertyprogramme.pdf

https://www.heygirls.co. uk/learn/teachers/

https://www.bloodygoo dperiod.com/periodpoverty Learn skills of how to speak out when someone is being unkind to us or others

Be able to describe caring and considerate behaviour

Understand why it is important to be considerate and stand up to people who are not behaving in an appropriate, responsible way

(Democracy Mutual Respect Tolerance of those of different faiths and beliefs) Understand how to budget for items you would like to buy (Democracy)

Feelings and Emotions

Adults and Children's Views

Students can watch videos featuring a collection of views from adults and children, debate on the topic issues and share their own opinions.

(Individual Liberty

Mutual Respect)

makes the community diverse? Describe strategies to overcome barriers and promote diversity and inclusion.

(Democracy Rule of Law Individual Liberty Mutual Respect Tolerance of those of different faiths and beliefs)

Anti Bullying Week with class focus – Peer Pressure

Computer Safety

Image sharing Adults views Children's views
Understand the consequences of potential
outcomes of sharing images online. Be able to
create a set of rules to follow when sharing images
online. Know that there are rules and laws about

British Values – to recall the names and meanings of the fundamental British Values with a wider, more varied set of links to everyday life using the OSJ British Values hand.

Spotlight on **CELEBRATING DIVERSITY/TOLERANCE**Celebrating our diversity, linking this with the virtue of tolerance and appreciating that we are all

Money and Enterprise

- Enterprise week
- Economic wellbeing
- My Money

Raising money - the benefits.

Begin to understand how and why some of the money we earn supports the wider community...

	sharing images online. How	w to overcome pressures	different. For a practical exgame of 'cultural pursuit' vuncover diversity in their chobbies, ideas and beliefs. might share "I have had mispronounced" or "I wa country." a way for the chwe are all unique and specishowing tolerance and resan interest and curiosity to answers without being crit prejudgments.	which helped the children class, highlighting different For example, children y name as born in a different dildren practically see that cial, and to practise pect to others. Showing owards each other's	Know how to keep and interpret basic financial information. Know how the money they have raised benefits other people in the school. Know how the money they raised was collected and recorded. Explore charities and the importance of their work in our local community – St Luke's. Careers in money Speaking to banks and finding out about the different roles. https://barclayslifeskills.com/help-others/lessons/primary-school-exploring-careers-and-workplace-skills/		
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
	Keeping/Staying Safe	First Aid	Being Responsible	Feelings and Emotions	Growing and Changing	A World Without	
	Water Safety Warning signs and water Dangers of water	Minor Burns & Scalds	Stealing	Worry	Conception	Judgement British_Values	
	Keeping safe near water	and Fractures	Understand the	Be able to recognise	Know and understand	Understand that there	
	(Democracy	Dort 2 fractures	importance of not	thought, feelings and	the terms conception	are a wide range of	
	Rule of Law	Part 2 - fractures,	stealing	emotions and	and reproduction	_	
	Individual Liberty)	heart attacks, and seizures.	Why is it important to be	understand the	Understand the function of the male and female	religions and beliefs in the UK Explain each of the British values	
	Assessment_Summative	Summative Assessment	considerate and	those which make us	reproductive systems	the British values	
	(Individual Liberty)	My Incident Report	maintain a positive reputation?	feel good and those that feel not so good.	Learn about the different stages of pregnancy	Create a range of values for your educational	
Blakemere Y6	An alien has arrived on	Keeping/Staying Healthy	Understand we should		(Rule of Law	setting Explain how all	
Diakemere 10	Earth. On the alien's	Alcohol	Understand we should	Understand how we can	Individual Liberty)	religions can live in	
	planet there are no	,	not take people's	recognise worry and		cohesion.	
	dangers. Keep the alien	Be able to predict and	possessions without	support self or others	Assessment Summative	(Damasaus D. L. C	
	safe on Earth.	assess the level of risk in	permission.	who may be worried.	Complete the 'What I	(Democracy Rule of	
	First Aid	different fun situations Be able to understand	(Democracy Rule of Law Mutual Respect)	(Democracy)	now know activity School interviews on growing and changing	Law Individual Liberty Mutual Respect Tolerance of those of	
	Head Injuries & Severe	the risks associated with alcohol		Assessment Summative	Sharing the message of how to gain support	different faiths and beliefs)	
	Bleeding		Assessment Summative	Consider a range of		25.1010/	
	Part 1 - How we can	(Democracy	Mank then ough	scenarios (provided) and	The Working World		
		Rule of Law	Work through a range of	for each consider what	In-app Purchases	Assessment_Summative	
	support a casualty	Individual Liberty)	Individual Liberty) scenarios and consider	emotion each child is			

with a head injury, severe bleeding, and minor burns.	Assessment_Summative Discussion on staying healthy and new skills learnt during the unit Revisit the Healthy Lifestyle choices activity (Individual Liberty)	as a class responsible and irresponsible behaviour Discuss skills and strategies learnt to support positive behaviour (Mutual Respect)	feeling and what they could do to make them feel better.	Understand the impact of spending money without permission. Recognise how to be responsible and respectful whilst using online games and apps. (Democracy) Assessment Summative What have we learnt about the working world? How can we help the family save money (Rule of Law Mutual Respect)	Be able to discuss what is meant by the following term: Equality is Diversity is Cohesion means to Design your perfect world (Mutual Respect Tolerance of those of different faiths and beliefs)
Computer Safety Making Friends Online Know and understand the partial talking to people online Unprofiles exist, and people nasay they area. Staying safe range of ways to stay safe of Cassessment Summative Revisit the initial assessment	Computer Safety Making Friends Online Know and understand the potential dangers of talking to people online Understand that fake online profiles exist, and people not always be who they say they area. Staying safe online Pupils design a range of ways to stay safe online. Assessment Summative Revisit the initial assessment and show how much learning has undertaken Student video creation —		I the names and nental British Values ed set of links to eir own lives and the Practising respect, Giving the children the d discuss topics that they to share their ideas, using respectful way. using aking decisions. (note BV	Enterprise week Economic wellbeit My Money Raising money – the bene Understand how and why earn supports the wider cokeep and interpret basic fithow the money they have people in the school. Known raised was collected and reconstand the inacross the UK. Careers in money Speaking to banks and find different roles. https://barothers/lessons/primary-scand-workplace-skills/	fits. some of the money we ommunity. Know how to nancial information. Know raised benefits other whow the money they ecorded. mportance of their work ding out about the relayslifeskills.com/help-