

WINSFORD LIFESTYLE CENTRE

May Half Term Swim Timetable

MONDAY (BANK HOLIDAY)

9.00am - 10.00am Main Pool	Lane Swim
9.00am - 10.00am Small Pool	Family Fun Swim
10.00am - 12.00pm Main Pool	Casual Swim
10.00am - 12.00pm Main Pool	Training Lane
10.00am - 12.00pm Small Pool	Family Fun Swim
12.00pm - 1.00pm Main Pool	Casual Swim
12.00pm - 1.00pm Main Pool	Training Lane
12.00pm - 1.00pm Small Pool	Family Fun Swim
1.00pm - 2.30pm Both Pools	Casual Swim
1.00pm - 2.30pm Main Pool	Training Lane
2.30pm - 4.00pm Small Pool	Casual Swim
2.30pm - 4.00pm Main Pool	Training Lane

FRIDAY

6.30am - 9.15am Main Pool	Lane Swim
9.15am - 10.00am Main Pool	Aqua Fit
10.00am - 12.00pm Main Pool	Casual Swim
10.00am - 12.00pm Main Pool	Training Lane
11.00am - 1.00pm Small Pool	Family Fun Swim
12.00pm - 1.00pm Main Pool	Casual Swim
12.00pm - 1.00pm Main Pool	Training Lane
1.15pm - 2.15pm Both Pools	Jungle Pool Party
2.30pm - 3.30pm Main Pool	Casual Swim
2.30pm - 3.30pm Main Pool	Training Lane
2.30pm - 3.45pm Small Pool	Family Fun Swim
3.30pm - 4.30pm Main Pool	Casual Swim
3.30pm - 4.30pm Main Pool	Training Lane
4.30pm - 6.00pm Main Pool	Casual Swim
4.30pm - 6.00pm Main Pool	Training Lane
6.00pm - 7.00pm Main Pool	Lane Swim
9.00pm - 10.00pm Main Pool	Lane Swim
9.30pm - 10.00pm Main Pool	Last Minute Lanes

TUESDAY

6.30am - 9.00am Main Pool	Lane Swim
9.00am - 9.45am Main Pool	Aqua Fit
9.45am - 12.00pm Main Pool	Casual Swim
10.45am - 11.30am Main Pool	Neuro Aqua Fit
11.00am - 1.00pm Small Pool	Family Fun Swim
12.00pm - 1.00pm Main Pool	Casual Swim
12.00pm - 1.00pm Main Pool	Training Lane
1.15pm - 2.15pm Both Pools	Fun & Floats
2.30pm - 3.30pm Both Pools	Casual Swim
2.30pm - 3.30pm Main Pool	Training Lane
3.30pm - 5.00pm Main Pool	Casual Swim
3.30pm - 5.00pm Main Pool	Training Lane
5.00pm - 6.30pm Main Pool	Casual Swim
5.00pm - 6.30pm Main Pool	Training Lane
6.30pm - 7.15pm Main Pool	Masters Swim
7.30pm - 8.15pm Main Pool	Aqua Fit
8.15pm - 9.30pm Main Pool	Lane Swim
9.30pm - 10.00pm Main Pool	Last Minute Lanes

SATURDAY

8.00am - 10.00am Main Pool	Lane Swim
10.00am - 12.15pm Main Pool	Casual Swim
11.00am - 12.00pm Small Pool	Family Fun Swim
12.15pm - 2.45pm Both Pools	Casual Swim
12.15pm - 2.45pm Main Pool	Training Lane
3.00pm - 4.00pm Both Pools	Wet 'n' Wild
4.15pm - 5.00pm Both Pools	Casual Swim
4.15pm - 5.00pm Main Pool	Training Lane

WEDNESDAY

6.30am - 9.00am Main Pool	Lane Swim
9.00am - 10.15am Main Pool	Casual Swim
9.00am - 10.15am Main Pool	Training Lane
10.15am - 11.00am Main Pool	Aqua Fit
11.00am - 12.00pm Both Pools	Casual Swim
11.00am - 12.00pm Main Pool	Training Lane
12.00pm - 1.00pm Main Pool	Casual Swim
12.00pm - 1.00pm Main Pool	Training Lane
12.00pm - 1.00pm Small Pool	Family Fun Swim
1.00pm - 2.15pm Main Pool	Casual Swim
1.00pm - 2.15pm Main Pool	Training Lane
2.30pm - 3.30pm Both Pools	Sensory Fun & Floats
6.00pm - 8.00pm Small Pool	Casual Swim
9.00pm - 10.00pm Main Pool	Lane Swim
9.30pm - 10.00pm Main Pool	Last Minute Lanes

SUNDAY

8.00am - 8.45am Main Pool	Masters Swim
8.45am - 10.00am Main Pool	Lane Swim
10.00am - 12.00pm Main Pool	Casual Swim
10.00am - 12.00pm Main Pool	Training Lane
11.00am - 12.00pm Small Pool	Family Fun Swim
12.00pm - 2.00pm Both Pools	Casual Swim
12.00pm - 2.00pm Main Pool	Training Lane
2.00pm - 3.30pm Both Pools	Casual Swim
2.00pm - 3.30pm Main Pool	Training Lane

THURSDAY

6.30am - 9.00am Main Pool	Lane Swim
9.00am - 9.45am Main Pool	Aqua Fit
9.45am - 12.00pm Main Pool	Casual Swim
9.45am - 12.00pm Main Pool	Training Lane
11.00am - 1.00pm Small Pool	Family Fun Swim
12.00pm - 1.00pm Main Pool	Casual Swim
12.00pm - 1.00pm Main Pool	Training Lane
1.15pm - 2.15pm Both Pools	Fun & Floats
2.30pm - 4.00pm Both Pools	Casual Swim
2.30pm - 4.00pm Main Pool	Training Lane
6.30pm - 8.30pm Main Pool	Lane Swim
9.30pm - 10.00pm Main Pool	Last Minute Lanes

