



## **Over St John's CE Primary School**

**'Let your light shine before others.'** Matthew 5:16

### **Anti-Bullying Policy – Children's Version**

#### **Our School**

Over St John's is a happy school where pupils and staff feel valued, respected and part of a big family. It is a school where we are proud to celebrate our differences. Children at Over St John's want everyone to behave in a safe, friendly and respectful way with no bullying. This includes no use of racist or homophobic language, which is NOT acceptable in our school. We believe that there are No Outsiders in our school and that everyone is different but all should be treated equally.

**'Let your light shine before others.'** Matthew 5:16

#### **What is bullying?**

Bullying is when something unpleasant happens **Several Times On Purpose**

Unpleasant things like:

physical – hitting, kicking, poking, and breaking your things;

verbal - calling names, threats, using words that are inappropriate or draw attention to your individuality in a negative way such as insulting someone because of their age, religion, disability, skin colour or background, using homophobic language;

emotional - trying to get people to dislike someone, looks and stares, leaving someone out from a social group, gossiping;

written – letters, notes or graffiti;

online - sending nasty messages or emails or unpleasant messages whilst gaming.

#### **What to do if you think you are being bullied?**

Over St John's CE Primary School is proud to be a safe, respectful and inclusive school, so if you've got a problem we'll encourage you to **Start Telling Over St Johns People** and we will aim to listen and help.

The first thing to do is tell a responsible adult that you trust such as a teacher, teaching assistant, lunch time assistant, someone in the school office or parent/carer. The staff at school will always take you seriously and sort out the problem.

If you see someone being bullied, be a good friend to them and encourage them to do the right thing by telling an adult. If **they** are too scared to speak out, then **you** should tell a responsible adult immediately. Never join in! If you are not sure, speak to a responsible adult so that they can find out what is going on.

### **What happens to the person doing the bullying?**

Staff will talk to the bullies and make sure that they understand that what they did could be considered as bullying. The T.H.I.N.K list will be used to allow them time to consider their actions.

**T** – Think before you speak!

**H** – How would you feel?

**I** – Is this the right thing to do?

**N** - Nobody should feel like an outsider!

**K** – KINDNESS IS KEY!

The children/child will be informed that a log of the bullying will be made on the whole school Bullying Log.

Parents will be spoken to about the incident.

### **What will we do at Over St John's to prevent bullying?**

- We'll try to make it easy for you to tell us if there's a problem that makes you feel unsafe.
- We'll celebrate 'Anti-Bullying Week' each year, put up posters and have regular assemblies promoting STOP and THINK.
- We'll encourage parents and children to support our school rules of Ready, Respectful, Safe so that everyone feels respected and safe.
- The School Council will talk about ways to help stop bullying.
- We'll teach you about bullying and what to do if you're bullied during PSHE lessons.
- We'll work hard to support those children who find it hard to be a kind and thoughtful friend.
- Continue to remind the children of the importance of letting their light shine before others, both formally and informally.
- Promote No Outsiders throughout the school through assemblies, learning walks and regular conversations.
- The adults in the school will have anti-bullying training.
- The Head Teacher and Governors will always make sure that bullying is addressed.

Remember. We can beat the bullies when we -

**S.T.O.P**

**Start Telling Over St John's People**

and

**T.H.I.N.K**

**Think before you speak! How would you feel? Is this the right thing to do? Nobody should feel like an outsider! KINDNESS IS KEY!**

This policy was written with the help of the School Council.

The School Council members of Over St John's CE Primary School met to discuss the school's current Anti-Bullying Policy. The pupils agreed that it would help children understand if a child friendly version was produced.

This policy will be reviewed every two years.

Signed: *E Snowden*

Head Teacher

Date: October 2023

Review Date: October 2025